



## Education by Experience in a World Class Environment

Finland is an excellent destination for a Winter Adventure. During the tour groups are able to learn traditional but vital wilderness and survival skills and try activities like cross-country skiing, snowshoeing and ice fishing. During the Winter Adventure Camp students will also get familiar with Finland's geography, nature and traditional way of life.

#### WINTER ADVENTURE ITINERARY HIGHLIGHTS:

Cross-country skiing
Snowshoeing
Sledding
Wilderness training
Ice-fishing
Meeting Santa Claus
Two countries at one trip
Traditional Finnish Sauna experience

### WINTER CAMP OFFERS THE OPPORTUNITY

spend time outdoors
chase the northern lights
prepare food over a campfire,
warm up in a Finnish sauna
spend a day in the life of a Finnish child or young person
learn knowledge and skills about exercise, the English language,
geography, biology, handicrafts and Finnish culture

#### Product available:

December - late March

## Target group:

Schoolchildren and young people

## Methods:

We utilise experiential learning and adventure education methods at the camp

## Price:

from 194€/day/person Includes programme, accommodation and meals. (Croup size at least 20)

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The snowy Lapland winter is made for adventures. It provides an opportunity to experience snow-white nature and feel the fresh air invigorate your body.

This unforgettable and unique winter adventure camp is built around activities that provide experiences and learn new skills. The camp offers the opportunity to spend time outdoors, chase the northern lights, prepare food over a campfire, warm up in a Finnish sauna and then take a dip in a hole in the ice, and above all to learn knowledge and skills about exercise, the English language, geography, biology, handicrafts and Finnish culture.

Would you like to spend a day in the life of a Finnish child or young person? The camp takes a look at basic education in Finland, which is known for its high quality and excellent learning results. Campers will participate in lessons and will be able to meet and socialise with local children and young people. The camp will culminate in a visit to the one and only real Father Christmas.

## **Example programme:**

#### DAY 1

#### **Breakfast**

Activity 1

Group forming: social skills, self-awareness, exceeding/overcoming yourself, self-confidence, self-reliance, various personality traits

#### Lunch

Activity 2

Snow building: snow castle, snowman, snow cave- teamwork skills

#### Break/Snack

Activity 3

Winter Olympics/ice-fishing

#### **Dinner**

Free evening programme

#### DAY 2

## Breakfast

Activity 4 Live like finns:

School visit: art, exercise, language or maths / Learning about upper secondary education for 17–20-year-old.

#### Lunch

Activity 5

Exercise outdoors: snowshoeing and/or skiing

- nature exploration
- everyman's rights

## Break/Snack

Activity 6 Lighting a campfire and preparing a snack

- Eco-friendly lifestyle

#### Dinner

Father Christmas and Finnish sauna

#### DAY 3

## **Breakfast**

Activity 7

Finnish nature and culture

- functional activity

#### Lunch

Activities 8 and 9 Campfire meal

- first aid skills in nature
- whittling
- preparing food

#### Break/Snack

Evening with Finnish children/young people

# Alternatives for the evening programme

(not included in the price)

Duudson Activity Park Shopping Snow castle Husky Safari Icebreaker Climbing

